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# ST JOSEPH'S RC HIGH SCHOOL



Our Community

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# Our Community

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- Please gather today in respectful harmony where we put others' feelings and needs at the centre of what we do and say.
- Let us remember what makes our school special but never take for granted the uniqueness everyone plays.
- Follow the prayer that your form tutor will read to you. As you do, consider in a moment of reflection what 'showing concern for others' looks like and sounds like.

*God our Father, be with us today  
and help us to be good examples of  
your love.*

*May we do our best to follow you in  
showing concern for others.*

*Help our school and our local  
communities to be places of faith  
so that we can help others to believe in  
you.*

*May Mary, who praised God in all  
things,  
be an inspiration to us in all we say and  
do.*

*We ask this through Christ Our Lord.  
Amen*

# Our Community

A **population** is a group of living things existing in one area. All owls living in a forest are a perfect example of a population.

Sometimes different populations live in the same area for example there could be a population of mice and a population of pine trees.

A bunch of goldfish in an aquarium is a population of goldfish. It doesn't matter if it is a population of plants, animals, fungi, or flowers, what's important is that it is all one type of living species living in the same area.

- Q- Can you think of another example that fits the same criteria above?





# Our Community

When several populations start living in the same area, they are called a community. The picture shows different communities living in nature. As a jungle community this includes trees, mosses, plants, mammals, reptiles, land based, and water based living organisms.

Within the community many populations interact in the jungle eg the population of owls interacts with the population of mice as owls hunt and kill mice to obtain food that they need to survive.

The community might also include ants, butterflies or aphids. Similarly in a pond, the community might include plants, ducks, turtles, crocodiles and microscopic life. Hence, a community includes all types of living organisms that are in one area.

- Q- Surely our school is a great example of a community? Discuss



# Our Community

## Interaction of Non-Living Things with the Community

Other features also interact with the community eg mountains shape the land and rivers provide water to the animals and soil gives a place for the trees and vegetation to grow. Similarly, the sunlight provides energy to the plants.

That is how the circle of life takes place between populations and communities and ends up creating an Ecosystem. It is a term that scientists give to all of the living and non-living things in the area.

Q- What might these nonliving things look like in our school 'eco system' community that make our environment special?

Perhaps these quick examples might give you a nudge in the right direction- Astro-turf/picnic benches.



# Our Community

Did you know in our school community;

There is an age range from 11-74!!!

There are people from over 40 different countries.

There are more than 30 different languages spoken.

There is a huge range of different cultures and family backgrounds.

People enjoy a wide variety of different hobbies and activities.

- Q- Surely these brilliant diverse factors are worth celebrating and getting to know?
- Q- Can you share some of the above in your own form?

# Our Community

A community just doesn't exist, it needs many things to grow and flourish, sometimes there is a delicate balance, and it could be the smallest of things that make the difference.

Take ants, worms and bees in our eco systems as examples. They are so important and without them our lives would be so difficult.

- Q- Discuss why this is so.

The key factor is not taking the small things for granted and understanding that they are such essential cogs in a larger system.

- Q- Why are respect, tolerance and love for our fellow citizens so important?



# Our Community

Our St Joseph's community is no different, a place where everyone has a part to play, where everyone should strive to be the best they can be, to help others, to think of others, to be patient, kind and compassionate.

- Q- For a moment consider our Catholic virtues.

These are the foundations on which our school is built. They make a difference, they spread love and positivity, they encourage goodness and spread hopefulness, kindness, openness and trust.







## Our Community

Being part of our St Joseph's community gives a sense of belonging and connectiveness, it means sharing our identity and beliefs, being proud of who we are and what we want to become or supporting others and taking inspiration from others' achievements.



## Our Community

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- Q- Discuss with your form why the following key points are so important in nurturing and growing our special St Joseph's community.

High expectations

Pride

Resilience

Support of others

Benefits and rewards



# All Children deserve to feel...



## Our Community

Ensuring you come to St Joseph's and feel safe and happy are our key objectives. Our community needs to be a place where anything is possible, where you can achieve, where you can make mistakes, where you can take risks, where you can ask questions and where you can trust others and share your feelings.

The next few slides are intended to raise awareness, highlight 'you said, we did' actions, ask your opinion and check you are fully aware of where you can get support.

# Our Community

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Thank you to all those pupils and staff that answered surveys this year regarding Wellbeing and Mental Health support. With your help we have redesigned and added to our extensive online guidance so that it is easy to access, navigate, there are links to other agencies and allows you to get the best possible support.

If you feel more needs to be done or have ideas to make it even better, please speak to your form tutor

- School website-

<https://www.sjhs.org.uk/page/?title=Health+%26+Wellbeing&pid=104>

- Twitter- @SJHswellbeing



# Our Community



Do you know you have elected individuals to represent you in voicing your opinions and views?

- Form reps
- Year reps
- Whole school council reps

There are also 5 Ministries that are acting on your behalf developing key areas in the school.

- Wellbeing
- Equality
- Education
- Welsh
- Community

Please speak to these individuals or your form tutor if you have ideas or opinions.



# Our Community

Over the past 18 months the following have taken place thanks to your input-

- Review of lunch menu so that it includes selection of vegetarian, Vegan and Halal options
  - Additional picnic tables
    - Astro turf
  - New Chapel and garden area
- Planting of bulbs around the school site
  - Outside tented areas
  - Upgraded IT facilities
- Fitness and wellbeing options on the extra curricular activities programme
  - Secure bike storage.

# Our Community

*you got this*

But we want to know more, and we want to do more, this is part of our commitment to 'authentic care' and 'botheredness' for our community.

Please study the following 4 questions and give your form tutor feedback.

- Q1-What does the school do well and should keep on doing?
  - Q2- What couldn't we do before, but we now do well?
  - Q3- What could we do before but can not do now?
- Q4- What couldn't we do before and still can not do now?



# Our Community

Please discuss the following questions-

- Do you know who the school's Safeguarding officer is that is responsible for your care?
- If someone has upset you, is there an adult in school who you would look to for help?
- If you did not feel safe, is there an adult in school who you would look to for help?
- If you felt someone was being treated unfairly, who would you speak to?
- If you had a strong opinion regarding our school community, who would you speak to?





# Our Community

- If you or others had a relationship issue in school, who would you speak to?
- If you were experiencing anxiety, who would you look to for help?
- If you were concerned about homework, learning or subject progress who would you look to for guidance and support?
- If you were looking for wellbeing or mental health support, who would you turn to?
- If you were experiencing family issues do you think school could help? If yes, then how?



# Our Community

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Thank you for your comments to ensure we are all 'in it together' as we realize the sense of shared community responsibility to our St Joseph's.

Please remember that ultimately, we should all be working towards three common needs-

- 1- Physical needs, so that everyone is free from violence or bullying.
  - 2- Emotional needs, so everyone is free from humiliation, teasing, discrimination and are free to speak out and express themselves without prejudice.
  - 3- Relationship needs, where everyone can learn about the world, make mistakes, secure strong/healthy relationships and speak to people we trust.
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