



DIOGELU CYMRU
KEEP WALES SAFE



Staying safe

Everyone's business

Staying safe

- In a moment of reflection let's gather our thoughts and be thankful for those in our lives who bring us love, comfort, friendship and safety.
- Despite all that is going on in our lives let us be glad for all the positives.

Today's Prayer

Heavenly Father,

I do not fear this day for You are with me
wherever I go, Your light to shine ahead,
Your footsteps to lead the way.

I do not fear this day, for Your word will
be my guide. Your strength will sustain
me and Your love revive me,
this day and all the days. I do not fear this
day, for you are with me.

Amen.

Staying safe

- We are really pleased to be able to open our school again, it has been too long and too many people have missed what we have to offer regarding; learning, friendship, support and our special way of looking after one another.
- However, things are not back to normal and we still must be kind and considerate to ourselves and others.
- The following slides highlight the essentials when coming to school.





CORONAVIRUS STAY ALERT TO THE SYMPTOMS

**HIGH TEMPERATURE
OR NEW CONTINUOUS COUGH
OR LOSS OF TASTE OR SMELL?**

No one in your household should leave home if any one person has symptoms.

Find out how to get a test, and how long to isolate, at [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus)

STAY ALERT ▶ CONTROL THE VIRUS ▶ SAVE LIVES

Staying safe

- Remember when looking after yourself please stay alert to coronavirus symptoms. Talk to family members, friends or teachers at school.
- For extra advice follow the link on the poster.
- If we all stay alert, we will control the virus and we will save lives.
- EVERYONE'S business.

COVID-19 Coronavirus - LET'S TACKLE IT TOGETHER

Protect Yourself And Others Against Infection



Wash your hands regularly please



Prevent The Spread



CATCH IT

Cover your nose and mouth with a tissue when you cough or sneeze or use the fold of your elbow in emergencies.



BIN IT

Germs can live for several hours on tissues. Dispose of used tissue in the nearest bin.



KILL IT

Hands can transfer germs to every surface you touch. Wash your hands frequently and avoid touching your face at all times.

Please Keep Your Distance



At all times maintain at least 2 metres (6 feet) distance when communicating with others, particularly if they are coughing or sneezing.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing has the disease.

Keep Hard Surfaces Clean

Clean and disinfect frequently touched objects and surfaces in the home and work environment. Avoid touching your eyes, nose, and mouth with unwashed hands.

Some studies on other coronaviruses, including SARS and MERS, found they can survive on metal, glass and plastic for as long as nine days,



Greeting People

Please avoid handshakes - there are new and safer ways to greet each other without touching them; bumping elbows or fists, tapping feet or simply waving hi.



Staying safe

- Remember the best way of protecting yourself and others is to maintain excellent and regular hand hygiene habits.
- Wash your hands with soap and running water for at least 20 seconds.
- Refresh what you know about how to wash your hands effectively with your teacher.
- When do you wash your hands?
- Why are you washing your hands?
- When and why do you use hand sanitizer?

Staying safe



CORONAVIRUS

WASH YOUR HANDS MORE OFTEN FOR 20 SECONDS

Use soap and water or a
hand sanitiser when you:

Get home or into work

Blow your nose, sneeze or cough

Eat or handle food

CORONAVIRUS

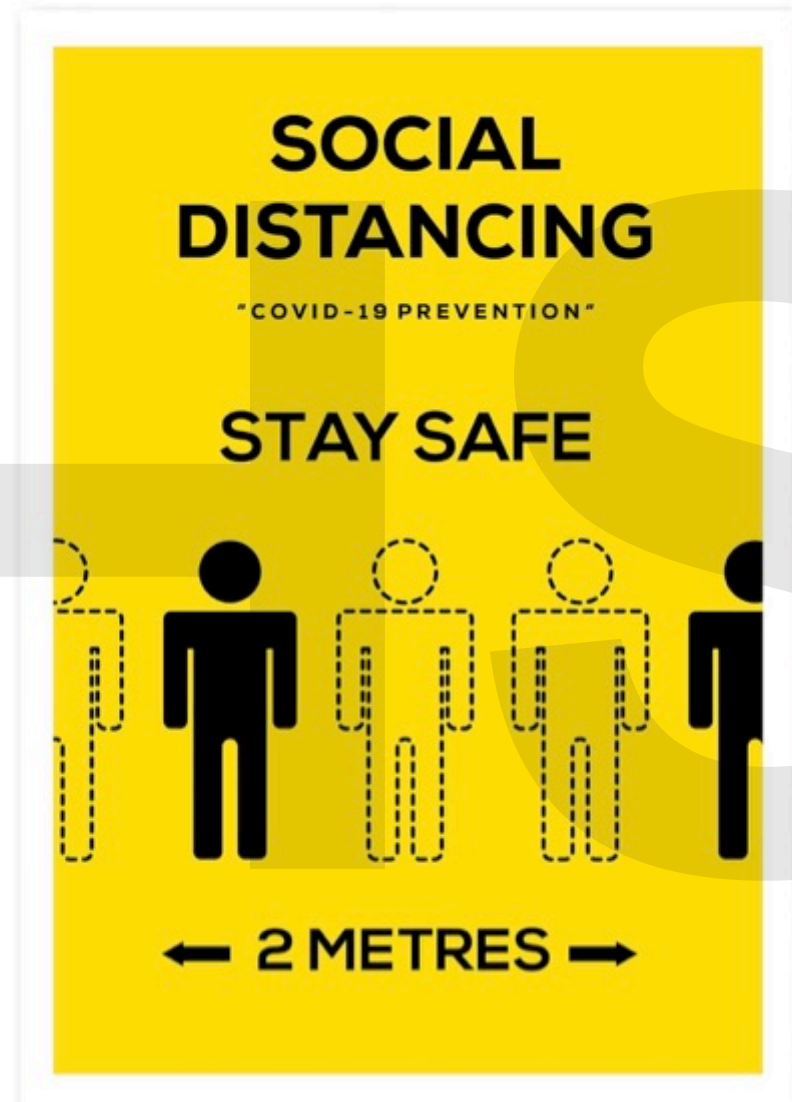
**PROTECT
YOURSELF
& OTHERS**

For more information and the Government's
Action Plan go to [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus)

- Remember great habits will protect everyone.
- 'Infection protection' is **EVEYONE'S** business.

Staying safe

- Why are we asking you to stay 2m distance from and adult?
- What does 2m look like in classrooms?



Staying safe

- Wearing a mask is very unusual, please remember that it is not a fashion accessory. Face masks are designed specifically to keep people safe.
- There are right and wrong ways of using and wearing them.
- Go through the do's and don'ts with your teacher.
- <https://youtu.be/4xFY3aPF7E4>
- Trish Hann, a radiographer and clinical educator, goes through the correct method of putting on and wearing personal protective equipment.

HOW TO WEAR A NON-MEDICAL FABRIC MASK SAFELY

who.int/epi-win

Do's →

- Clean your hands before touching the mask
- Inspect the mask for damage or if dirty
- Adjust the mask to your face without leaving gaps on the sides
- Cover your mouth, nose, and chin
- Avoid touching the mask
- Clean your hands before removing the mask
- Remove the mask by the straps behind the ears or head
- Pull the mask away from your face
- Store the mask in a clean plastic, resealable bag if it is not dirty or wet and you plan to re-use it
- Remove the mask by the straps when taking it out of the bag
- Wash the mask in soap or detergent, preferably with hot water, at least once a day
- Clean your hands after removing the mask

Don'ts →

- Do not use a mask that looks damaged
- Do not wear a loose mask
- Do not wear the mask under the nose
- Do not remove the mask where there are people within 1 metre
- Do not use a mask that is difficult to breathe through
- Do not wear a dirty or wet mask
- Do not share your mask with others

A fabric mask can protect others around you. To protect yourself and prevent the spread of COVID-19, remember to keep at least 1 metre distance from others, clean your hands frequently and thoroughly, and avoid touching your face and mask.



World Health Organization



Staying safe

- Please remember your special timetable too, knowing where you are going and how you are going to get there will keep everyone safe.

COVID-19

Social Distancing On-Board

Your health and safety is our priority. To adhere to the latest government guidance on social distancing, please follow the steps below:



Before boarding please allow customers to alight and keep 2m apart.



You MUST wear a 3 layer face covering while on board *except where medical exemptions apply*.



Pay contactless wherever possible.



Use hand sanitiser provided.



No standing passengers and only stand when ready to alight.



Use window seats only. Aisle seats are only to be used by those from the same household or 'bubble'.



Face away from others – Only sit in forward facing seats.



Keep windows open to help with ventilation.



Wheelchair Access - Seats within 2 metres of the driver are taped off, however, wheelchair spaces will always remain available.



Bus Full - Once maximum advisory capacity is reached, the driver will only stop when customers wish to alight. The Bus will also display Sorry, Bus Full on its exterior display.

Travel Safer by;

- Not travelling if you feel unwell, even with mild symptoms.
- Avoiding busy periods if your journey will allow.
- Avoid touching surfaces as much as possible.
- Only using your mobile phone for calls in an emergency.
- No eating or drinking while on board
- Travel in relative silence

Please respect our staff while following any instructions and your fellow passengers please remember not all medical conditions and disabilities are visible.

Staying safe

- Remember if you are catching a bus to school there are also very important rules you will need to follow to keep yourself and others safe.
- Failure to do this will mean not being able to use the buses.
- **'Infection protection'** is EVERYONE'S business