

# Travel safely

What you should know about getting around safely  
(years 7-9 2x1 sessions)

# Travel safely

## Think twice



## Accidents happen so easily

- Expect the unexpected
- <https://vimeo.com/268811066>  
4mins 50secs
- What could be the dangers in this ordinary street?
- <https://youtu.be/uAgxZ-l5pY8>
- Cartoon 45 secs

# Travel safely

## Rules of crossing



## Danger!!!

- <https://youtu.be/67XsZ8lwORk>
- Stop look listen
- How many of you do this on a regular basis?
- What are the dangers of crossing roads?

# Travel safely

Think!!!



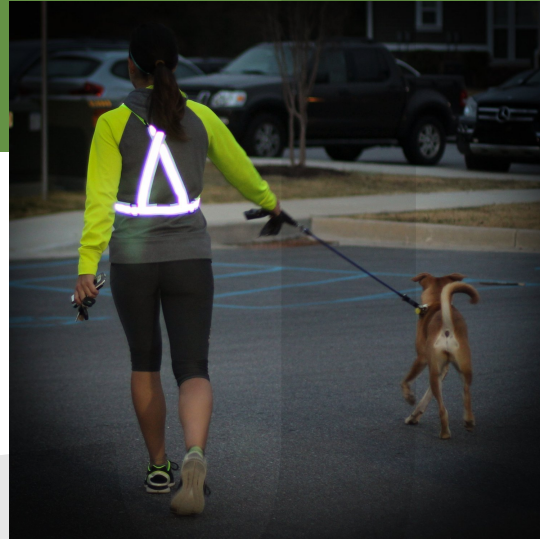
## How to stay safe

- <https://youtu.be/O1oTBvSWCew>
- Crossing
- 41secs
- As a pedestrian what should we not be doing when thinking about stepping out into the road?
- Talk to your partners again about what STOP, LOOK, LISTEN, THINK means



# Travel safely

Be seen, be safe

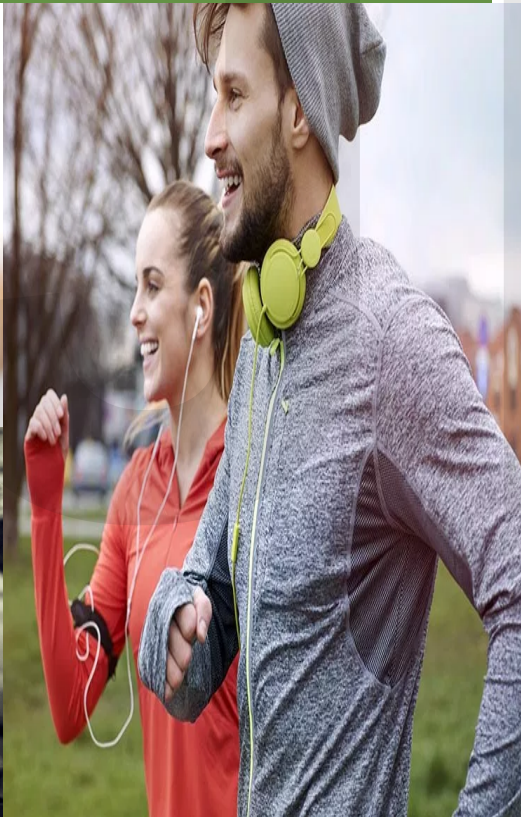


Be seen, be safe

- <https://youtu.be/W0c75VKvcsY>
- Dress bright
- 40 secs
- Talk to your partner and discuss how many different ways we can dress so that we are seen in the dark by motorists and remain safe.

# Travel safely

**Be alert**

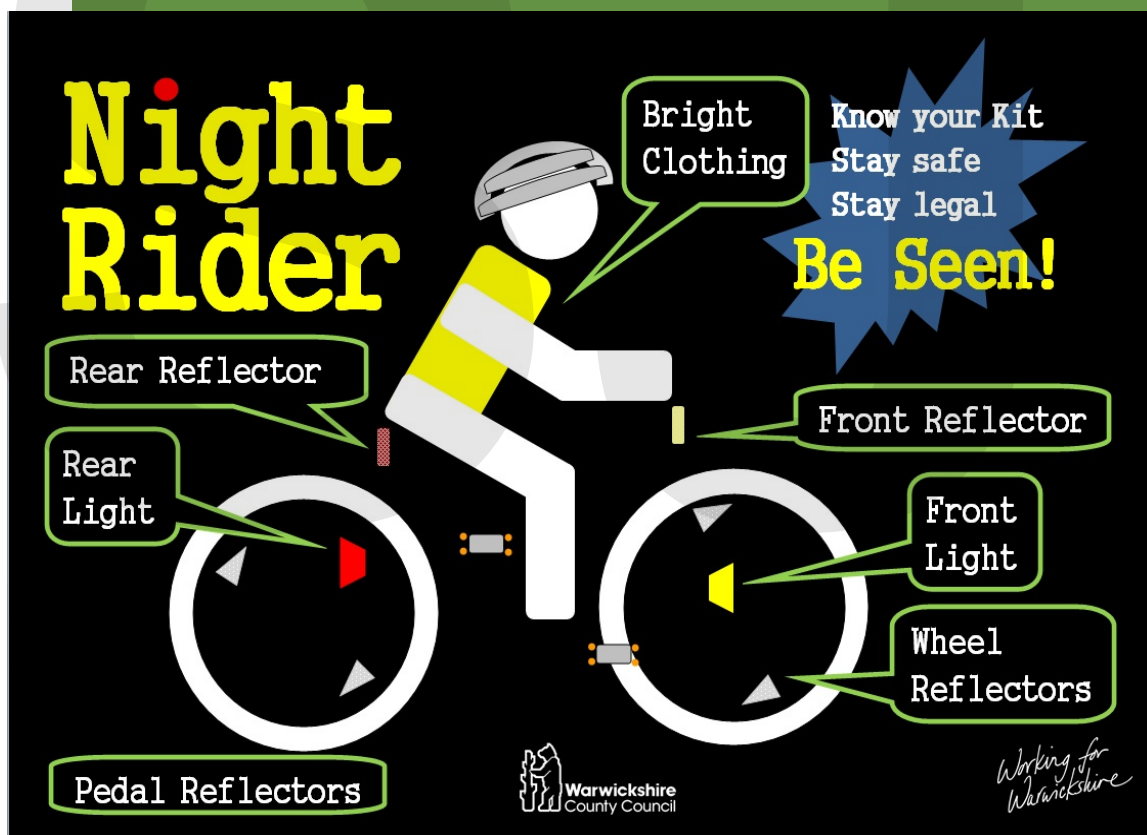


**Be alert**

- <https://youtu.be/oqXIObJsUVY>
- Distraction
- Be honest....how many of you wear headphones when walking or riding your bike!!
- What are the dangers of doing this?

# Travel safely

## Using your bike safely



## How to cycle safely

- Talk to your partner and think of 10 things you should do when riding a bike and 10 things you should not do.
- How do we ride our bikes safely?
- How do we reduce the risk of accidents and motorists having to take severe actions to avoid cyclists?