



# Inclusion Pack



St Joseph's RC High School  
Ysgol Uwchradd Gatholig Joseff Sant

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# The School Day

The school day begins for pupils with registration at 8.50am and ends at 3.20pm.

| Time                  | Where you should be                                   |
|-----------------------|---|
| <b>8.50 am</b>        | Enter the building and make your way to registration. |
| <b>9.00 am</b>        | Lesson 1  |
| <b>10.00am</b>        | Lesson 2  |
| <b>11.00 -11.20am</b> | Break   |
| <b>11.20 am</b>       | Lesson 3  |
| <b>12.20 am</b>       | Lesson 4  |
| <b>13.20-14.00pm</b>  | Lunch   |
| <b>14.00pm</b>        | Form Period   |
| <b>14. 20pm</b>       | Lesson 5  |
| <b>15. 20pm</b>       | End of school.  |

# The School Day

Try answering these questions after reading page 3.

| Question  | Answer |
|---|--------|
| <b>1. What time does the school day start?</b>            |        |
| <b>2. What time does lesson one start on Monday?</b>      |        |
| <b>3. What time does lesson two start on a Wednesday?</b> |        |
| <b>4. How long does break time last?</b>                  |        |
| <b>5. What time does lunch start on a Friday?</b>         |        |
| <b>6. What time does lesson 5 start on a Monday?</b>      |        |
| <b>7. What time does the school day end?</b>              |        |

# In my school bag...

Here is a list of things that you should carry in your school bag.



Books and Equipment for your days lesson.



Your school planner.



Your pencil case, which should include: A ruler, a rubber, a pencil sharpener, a drawing pencil, 2 blue pens and 2 black pens.



Your packed lunch or your lunch card if you buy your lunch in the canteen.



# Packing your school bag routine

## **Step 1:**

Empty your school bag and find your planner.

## **Step 2:**

Check what week of the timetable we are on.

## **Step 3:**

Now find the correct week and day on your timetable.

## **Step 4:**

Select the correct books, folders and equipment for your lessons that day.

## **Step 5:**

Check that if homework was set for that day it has been completed.

## **Step 6:**

Return your planner to your school bag.

# My School Bag

Try answering these questions after reading page 4 and 5.

| Question   | Answer  |
|--|---|
| <p><b>Jason is a new student at St Joseph's RC high School. It's his first day. What should he pack in his school bag?</b></p> | <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> |
| <p><b>It's Jason's second week of school and he still isn't sure what books to pack. What should he do?</b></p>                | <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> |
| <p><b>Today, Jason has Maths, English, Drama, Spanish and Games. What will he need to pack in his school bag?</b></p>          | <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> |
| <p><b>What advice can you give Jason about keeping his bag organised?</b></p>  | <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> |

# School Uniform



**Girls Uniform**

- Grey skirt with school logo.
- Grey trousers.
- Light blue shirt.
- Navy blazer with school logo.
- School tie.
- Long sleeved navy sweatshirt with school logo.
- White/navy socks, neutral/navy tights.
- Black school shoes (NOT trainers).
- External jacket/coat: Black/blue or navy.



**Boys Uniform**

- Grey trousers.
- Light blue shirt.
- School tie.
- Navy Blazer with school logo.
- Long sleeved navy sweatshirt with school logo.
- White/navy socks.
- Black school shoes (NOT trainers).
- External jacket/coat: Black/blue or navy.

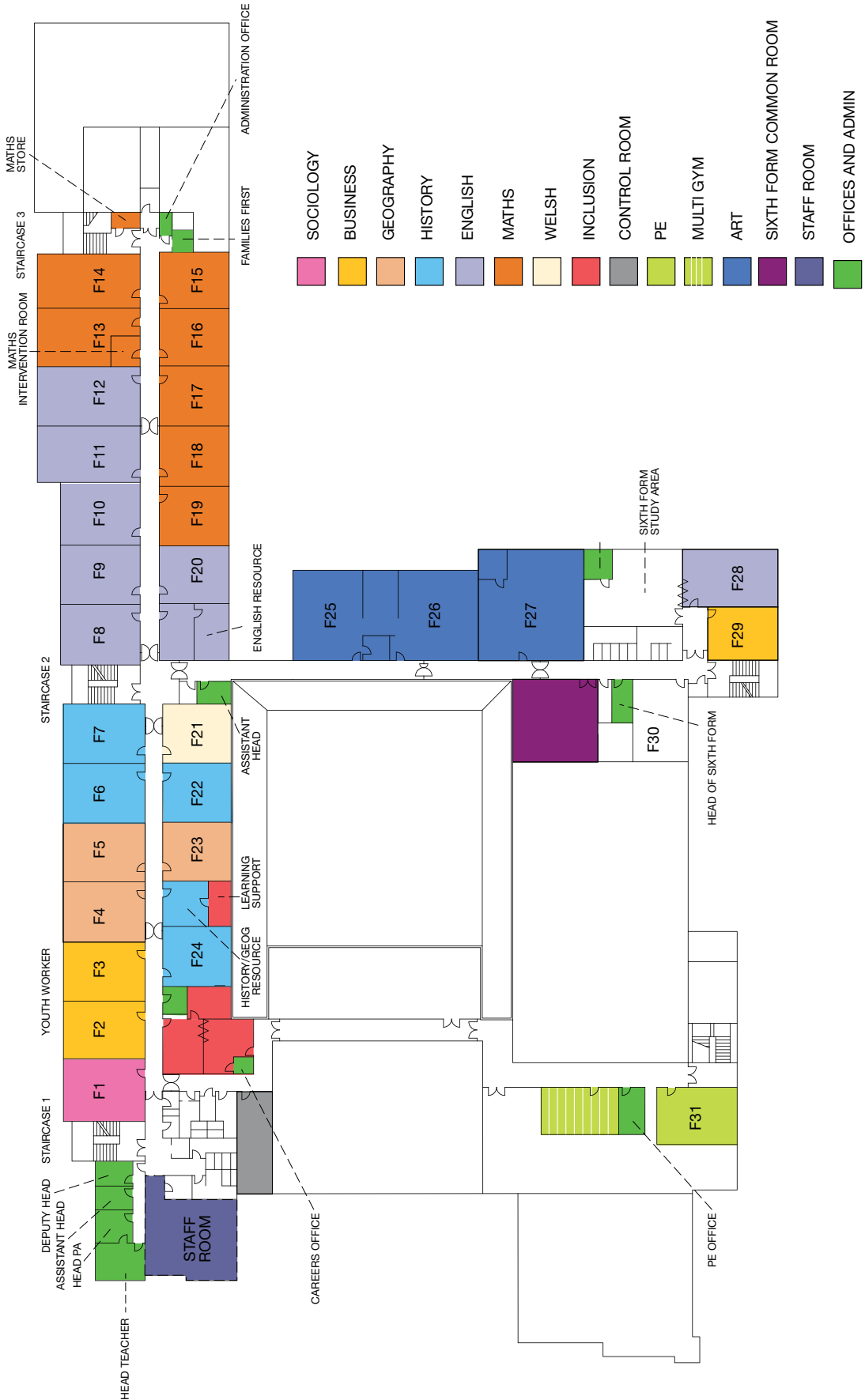
| Question   | Answer |
|--|--------|
| <b>What should be on the school blazer?</b>  |        |
| <b>What colour trousers do the boys have to wear?</b>                                      |        |
| <b>What must be on the school sweatshirt? What will he need to pack in his school bag?</b> |        |
| <b>What must pupils wear on their feet?</b>  |        |



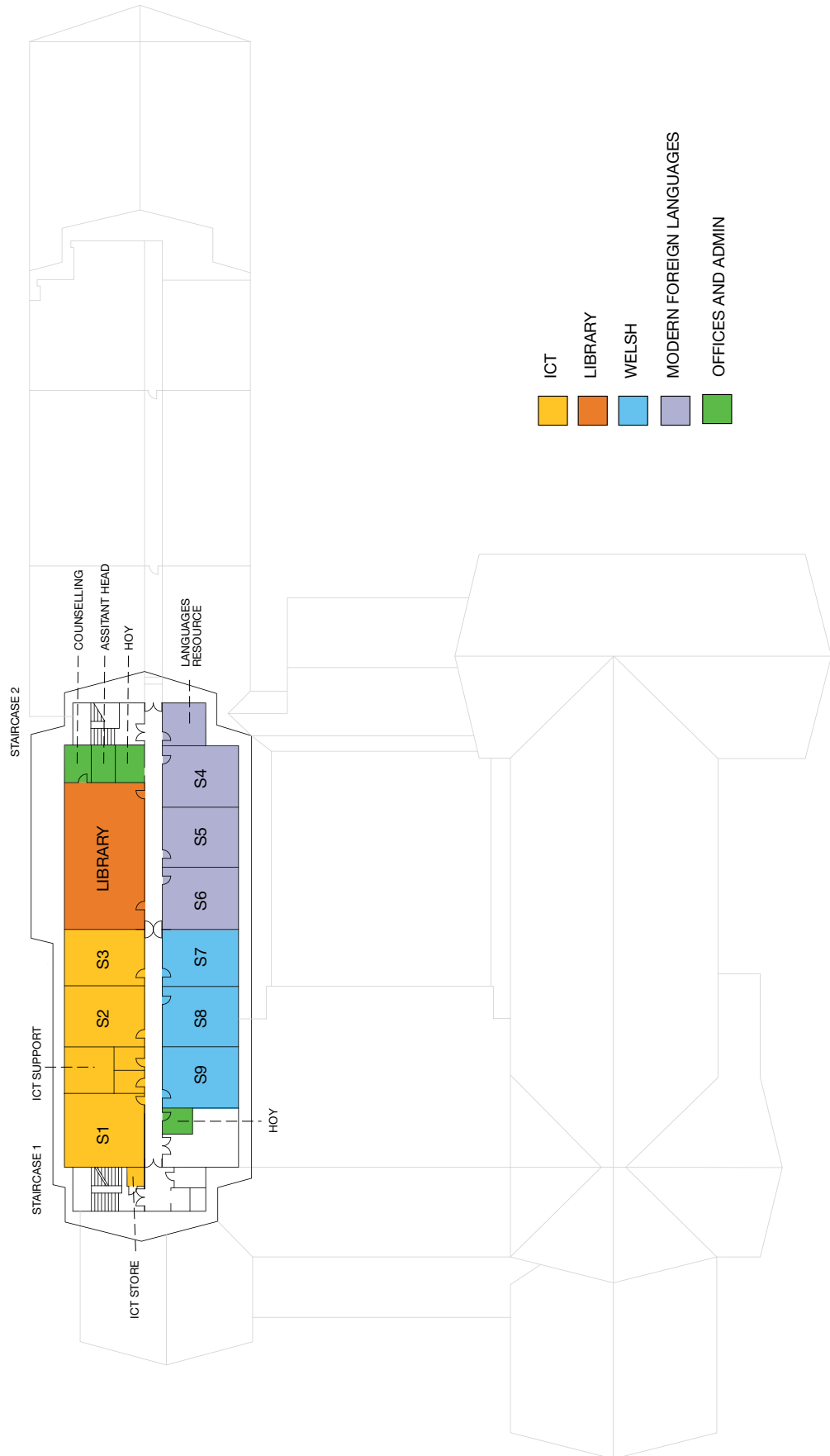
# SJHS GROUND FLOOR



# SJHS FIRST FLOOR



# SJHS SECOND FLOOR



# The School Building

Kimberly is about to start school at St Joseph's. She's worried about finding her way around the building. Looking at the school map, can you give her directions to her lessons?

| Question   | Answer |
|--|--------|
| <p><b>Kimberly's form class is in G4, an RE class room, on which floor of the building will she find this room?</b></p>  |        |
| <p><b>Kimberly's first lesson is an Art lesson in F25, on which floor of the building will she find her Art lesson?</b></p>  |        |
| <p><b>Kimberly's second lesson is a Library lesson in the LRC, on which floor will she find her lesson?</b></p>  |        |
| <p><b>Kimberly has games in the sports hall, but she isn't sure where the sports hall is. Help Kimberly to find the sports hall by telling her what floor it is on and what other subject classes are near it.</b></p> |        |
| <p><b>Kimberly has a science in G10, on what floor is G10?</b></p>   |        |
| <p><b>Kimberly has got lost, she isn't sure where she is or how to get to her next lesson. What should she do?</b></p>   |        |

# Worries...

What worries do you have about starting secondary school?

Getting lost

New teachers

Homework

Making new friends

Lunchtime

Getting in trouble

# Changes...

What do you think will be different or new about secondary school?

Different teachers

Different classrooms

New subjects

New pupils in my class

Homework

Uniform

School Rules

# Similarities...

What do you think will be different or new about secondary school?

Assembly

Some subjects

Wearing a uniform

Following rules

Registration

# Hints and Tips

## Following the Timetable:

- Look at your time table the night before.
- Always keep your timetable with you.
- Use a visual timetable.
- Use a colour coded timetable.

## Understanding in Class:

- Ask questions.
- Accept help that is offered.
- Ask for help from the class teacher or TA.
- Use the 'stuck- unstuck' wall displays.

## Understanding Homework:

- Ask the teacher or TA to repeat the instructions.
- Make sure that you record the homework in your homework planner, if your not sure ask the teacher to check it.
- Ask your family to help you at home.
- Go back to the class teacher for extra help.



# Standing in a Line

What happens when we stand in a line?

Every day we move from our room to another part of the school.

We stand in a line and stand still before we go.

Some people can't stand still.

They bump into each other by mistake.

They might stand on my foot or bump into me.

This makes me feel frightened.

I don't like it when they do this.

If I wait a bit, they will stop moving about.

Then they will not bump into me or stand on my foot.

I will try not to get frightened.

I will be calm when we stand in a line.

# Packing Up Check List

When your member of staff asks you to pack up follow this check list.

- 1** Put your pen and any other stationary in your pencil case.
- 2** Check you've recorded homework and put your planner into your bag.
- 3** Put any worksheets into your folder or book and put it in your bag, unless your class teacher asks you to leave it in the classroom.
- 4** Check your working area for any other equipment such as PE kit.
- 4** Make sure your school bag is closed.

# When I need help

Every day we have lessons.

Sometimes in lessons I don't understand what I have to do.

The assistant in the class is there to help people who do not understand.

If I don't understand my work sometimes it is hard to ask for help.

If I don't understand my work I will use the cards in my planner to tell my teacher or assistant that I need help.

If I need help I will find the red card in my planner and put it down next to my work. I might have to wait for a few minutes if my teacher or assistant is helping someone else.

If I'm unsure of what to do in my lesson and will find my orange card in the planner and put it down next to my work. . I might have to wait for a few minutes if my teacher or assistant is helping someone else.

If I know that I can do the task I will find the green card in my planner and put it down next to my work.



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