



# St. Joseph's RC High School

## Ysgol Uwchradd Gatholig Joseff Sant

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**Headteacher/Pennaeth:** Mrs J Jarrett BA(Hons) M.A NPQH

11<sup>th</sup> November 2020

Dear Parent/Carer,

### **Re: Information regarding a confirmed case of COVID-19 at St Joseph's RC High School in Year 8**

This afternoon, I was notified of a confirmed case of COVID-19 in Year 8. In line with guidance from Welsh Government, Environmental Health and, Newport City Council all pupils in Year 8 will need to self-isolate for 14 days.

**St Joseph's RC High School remains open to all other Year groups who have not been asked to self-isolate.**

All close contacts of the case have been identified and are in the process of receiving appropriate advice.

**Your child has not been identified as a close contact and therefore does not need to self-isolate and does not require testing for COVID-19. They can continue to attend school as usual.**

However, please continue to be alert for any symptoms of COVID-19:

- a new or continuous cough
- a high temperature
- a loss of or change to sense of smell or taste

If your child develops any of these symptoms, even if they are mild, you need to:

- book a test for them by phoning 119 or through the online portal: <https://www.nhs.uk/ask-for-a-coronavirus-test>
- follow the advice provided when your child receives their test result
- phone school on 01633 653110 or email [sjhs@newport.gov.uk](mailto:sjhs@newport.gov.uk) and let us know that your child is unwell with COVID-19 symptoms and that you have requested a test
- ensure your child self-isolates for 10 days from when their symptoms started
- ensure all other household members isolate for 14 days from when your child developed symptoms
- ensure you do not visit a GP surgery, pharmacy or hospital but if you require medical advice please contact NHS 111 or telephone your GP; if there is a medical emergency phone 999

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To reduce the risk of COVID-19 spreading, there are things that everyone in your family can do to help. These include:

- washing hands with soap and water often – do this for at least 20 seconds
- using hand sanitiser gel if soap and water are not available
- washing hands as soon as they get home
- covering their mouth and nose with a tissue or sleeve (not their hands) when they cough or sneeze
- putting used tissues in the bin immediately and washing hands afterwards

Further information on symptoms and self-isolation can be found here:

<https://gov.wales/symptoms-and-self-isolation-contact-tracing>

Further information on NHS Wales 'Test, Trace', Protect can be found here:

<https://gov.wales/test-trace-protect-coronavirus>

For general information on COVID-19: <https://gov.wales/protect-yourself-others-coronavirus>

The COVID-19 online symptom checker can tell you if you need medical help and advise you what to do: <https://gov.wales/check-if-you-need-coronavirus-medical-help>

You are aware of all the measures we have put in place to minimise the risk of transmission of COVID-19. I want to reassure you that we will continue to be vigilant and do all we can to provide the safest possible environment for our school community.

Yours sincerely,

**Mrs Jarrett**

**Headteacher**

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