

St. Joseph's RC High School

Prayer Resources



Holy Week 2020

Serving God through learning together.

5th Ebrill 2020
Palm Sunday



Serving God through learning together.



Gather
Casglu

Yn enw'r Tad,
a'r Mab
a'r Ysbryd Glan.

Amen

Listen Gwrandu

Reading

Matthew 21:1-11

Jesus enters Jerusalem

When Jesus and the disciples drew near Jerusalem and came to Bethphage on the Mount of Olives, Jesus sent two disciples, saying to them, "Go into the village opposite you, and immediately you will find an ass tethered, and a colt with her. Untie them and bring them here to me. And if anyone should say anything to you, reply, 'The master has need of them.' Then he will send them at once." This happened so that what had been spoken through the prophet might be fulfilled: Say to daughter Zion, "Behold, your king comes to you, meek and riding on an ass, and on a colt, the foal of a beast of burden." The disciples went and did as Jesus had ordered them. They brought the ass and the colt and laid their cloaks over them, and he sat upon them. The very large crowd spread their cloaks on the road, while others cut branches from the trees and strewed them on the road. The crowds preceding him and those following kept crying out and saying: "Hosanna to the Son of David; blessed is the he who comes in the name of the Lord; hosanna in the highest." And when he entered Jerusalem the whole city was shaken and asked, "Who is this?" And the crowds replied, "This is Jesus the prophet, from Nazareth in Galilee."

Peter Disowns Jesus

Matthew 26:69-75

Now Peter was sitting out in the courtyard, and a servant girl came to him. "You also were with Jesus of Galilee," she said.

But he denied it before them all. "I don't know what you're talking about," he said.

Then he went out to the gateway, where another servant girl saw him and said to the people there, "This fellow was with Jesus of Nazareth."

He denied it again, with an oath: "I don't know the man!"

After a little while, those standing there went up to Peter and said, "Surely you are one of them; your accent gives you away."

Then he began to call down curses, and he swore to them, "I don't know the man!"

Immediately a rooster crowed. Then Peter remembered the word Jesus had spoken: "Before the rooster crows, you will disown me three times." And he went outside and wept bitterly.

Leader: The Word of the Lord

ALL: Thanks be to God

Reflect Adlewyrchu

Theme of the day

Time to speak out

Today on Palm Sunday we see Jesus enter Jerusalem in triumph. Seated on a colt, welcomed by the shouts of joy and praise of his disciples. They cannot keep the good news to themselves. This contrasts with Peter in the Passion story, which we also hear today. Peter loses faith and denies Jesus three times.

Think of a time when you were brimming with confidence and joy and wanted the whole world to know why. Could you have kept quiet?

Now think of a time when you should have spoken out. When you should have admitted your guilt, or your faith. A time when you should have stood up for what was right, but you just weren't able to do it.

How did you feel?

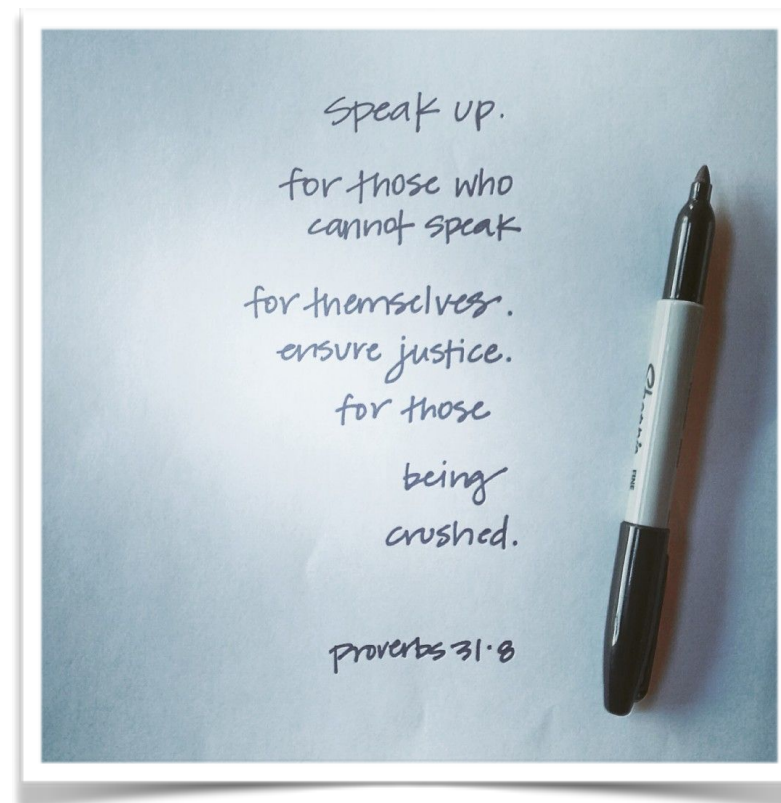
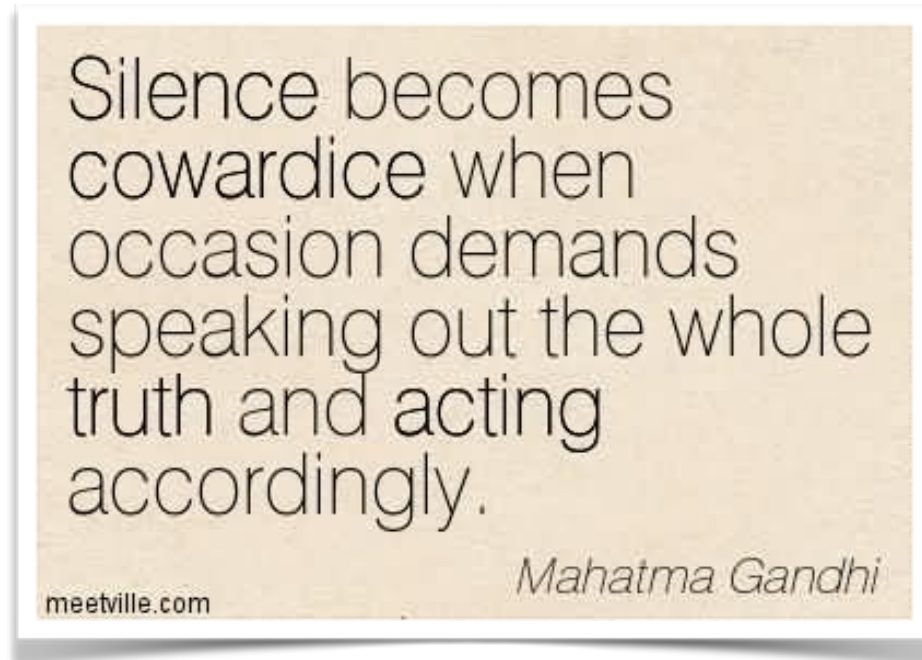
We are in good company. Even Peter got things wrong. He wasn't brave enough to admit to his friendship with Jesus. Yet he became the rock on which Christ built his Church.

None of us is perfect, but this Holy Week let us be brave and speak out. Let us lift our voices and refuse to be quieted.



Reflect Adlewyrchu

Think of a time when these quotes have mirrored a part of your life...



Lenten task: Be part of the Good news for our brothers and sisters and Our Common Home. Take action on climate today.

Respond Ymateb

Prayer of the Day

Christ Jesus, forgive me for the times I have lost courage and been unable to speak up for what I know is right.

Strengthen my voice to speak from my heart and help ensure that all people can make themselves heard.

Amen.

Go Forth
Mynd allan

**Yn enw'r Tad,
a'r Mab
a'r Ysbryd Glan.**

Amen

9th Ebrill 2020
Maundy Thursday



Serving God through learning together.

A soft, painterly illustration in the background shows a family of four working together at a wooden workbench. A man on the left is using a hammer on a piece of wood. A woman in the center is holding a piece of wood steady. A young boy on the right is looking on. The scene is set in a workshop with a window in the background showing a landscape with trees.

**Gather
Casglu**

**Yn enw'r Tad,
a'r Mab
a'r Ysbryd Glan.**

Amen

Listen Gwrandu

Reading

John 13:1-17

Jesus Washes His Disciples' Feet

It was just before the Passover Festival. Jesus knew that the hour had come for him to leave this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The evening meal was in progress, and the devil had already prompted Judas, the son of Simon Iscariot, to betray Jesus. Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. **5** After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him. He came to Simon Peter, who said to him, "Lord, are you going to wash my feet? Jesus replied, "You do not realise now what I am doing, but later you will understand." "No," said Peter, "you shall never wash my feet." Jesus answered, "Unless I wash you, you have no part with me." "Then, Lord," Simon Peter replied, "not just my feet but my hands and my head as well!" Jesus answered, "Those who have had a bath need only to wash their feet; their whole body is clean. And you are clean, though not every one of you." For he knew who was going to betray him, and that was why he said not every one was clean. When he had finished washing their feet, he put on his clothes and returned to his place. "Do you understand what I have done for you?" he asked them. "You call me 'Teacher' and 'Lord,' and rightly so, for that is what I am. Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you. Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. Now that you know these things, you will be blessed if you do them.

Leader: The Word of the Lord

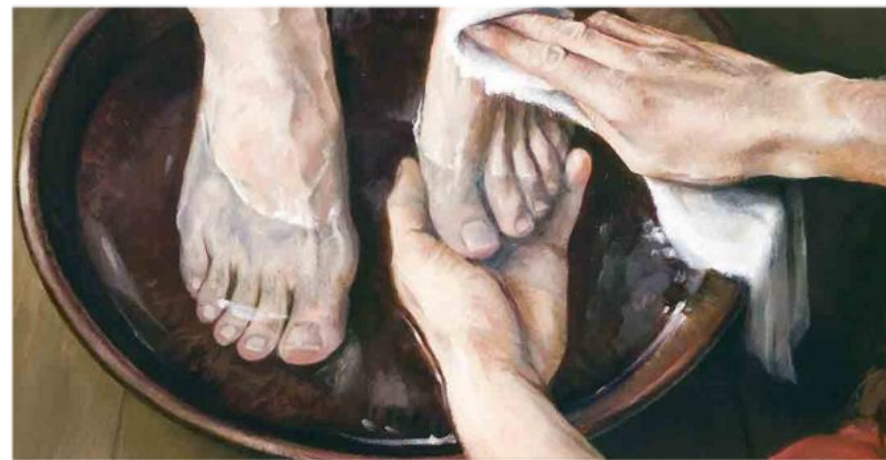
ALL: Thanks be to God

Reflect Adlewyrchu

Theme of the day Reach out to others

Jesus washes the disciples' feet as an example of the kind of loving service that he expects us to show towards one another. We are all called to serve in different ways. Throughout Lent we have heard stories of the service that local people throughout the world are giving to their communities, to support others and to make the world a fairer place. Sister Consilia and Sister Juliana in Zimbabwe, and Guy in the Democratic Republic of Congo use their medical expertise to serve those who are ill. Farida in Bangladesh uses her experience as a disabled person to help others in her community to understand their rights, grow in confidence and live more independently. Batista, a lawyer in Brazil, defends people in the Amazon who are made homeless when large-scale farmers or mining companies grab their land. Sandy, a youth worker in Lebanon, brings Lebanese young people and Syrian refugees together to understand one another better. Oliver and his parish in Milton Keynes serve their sisters and brothers around the world by fundraising, praying and campaigning on the issues that keep people poor.

How will you follow Jesus' example of loving service and reach out to others, either locally or globally?



Reflect Adlewyrchu

Lenten task: Keep vigil tonight with Jesus by saying this Maundy Thursday prayer:

A night reflection for Maundy Thursday

Jesus arrested, judged, found guilty and condemned to die
is held captive overnight.

If I were arrested and held this night what would I be found guilty of?

That I made friends with people irrespective of their colour, creed or class....

That I shared my bread with the poor....

That my words... and actions... brought healing and forgiveness....

That I made justice and didn't count the cost

That I sought the truth and then spoke of it....

That I recognised my neighbour and loved them as my very self...

That I met God along the way in the healing and forgiveness I received....

That I accepted hospitality at many different tables....

That I was changed by the lives of others....

.... and often repented my arrogance and foolishness

in encountering their wisdom ...

That friends and strangers sometimes paid the price for me....

That I never sought out suffering...

..... but journeyed with it to the best of my ability...

That the love of those about me taught me to love myself before God...

You call us out of brokenness

to mend and remake your creation.


Grant us the courage to stay

with all those who are held captive this night.

In the name of Jesus who is good news,

Amen.

-Pat Pierce/CAFOD



Humility
is not thinking less of yourself;
it's thinking of yourself less.

Respond Ymateb

Prayer of the Day

Christ Jesus, you call us to walk humbly
with you and to serve one another in love.
Inspired by your example may we reach
out to one another, tending to one
another's needs.
Amen.

Go Forth
Mynd allan

**Yn enw'r Tad,
a'r Mab
a'r Ysbryd Glan.**

Amen

10th Ebrill 2020
Good Friday



Serving God through learning together.



**Gather
Casglu**

**Yn enw'r Tad,
a'r Mab
a'r Ysbryd Glan.**

Amen

Listen Gwrandu

Reading

John 19: 17-37

The Crucifixion of Jesus

So the soldiers took charge of Jesus. **17** Carrying his own cross, he went out to the place of the Skull (which in Aramaic is called Golgotha). There they crucified him, and with him two others—one on each side and Jesus in the middle. Pilate had a notice prepared and fastened to the cross. It read: Jesus of nazareth, the king of the jews. **20** Many of the Jews read this sign, for the place where Jesus was crucified was near the city, and the sign was written in Aramaic, Latin and Greek. The chief priests of the Jews protested to Pilate, “Do not write ‘The King of the Jews,’ but that this man claimed to be king of the Jews. Pilate answered, “What I have written, I have written.” When the soldiers crucified Jesus, they took his clothes, dividing them into four shares, one for each of them, with the undergarment remaining. This garment was seamless, woven in one piece from top to bottom. “Let’s not tear it,” they said to one another. “Let’s decide by lot who will get it.”

This happened that the scripture might be fulfilled that said, “They divided my clothes among them and cast lots for my garment.” So this is what the soldiers did. Near the cross of Jesus stood his mother, his mother’s sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother there, and the disciple whom he loved standing nearby, he said to her, “Woman,[b] here is your son,” and to the disciple, “Here is your mother.” From that time on, this disciple took her into his home.

The Death of Jesus

Later, knowing that everything had now been finished, and so that Scripture would be fulfilled, Jesus said, “I am thirsty.” A jar of wine vinegar was there, so they soaked a sponge in it, put the sponge on a stalk of the hyssop plant, and lifted it to Jesus’ lips. **30** When he had received the drink, Jesus said, “It is finished.” With that, he bowed his head and gave up his spirit. Now it was the day of Preparation, and the next day was to be a special Sabbath. Because the Jewish leaders did not want the bodies left on the crosses during the Sabbath, they asked Pilate to have the legs broken and the bodies taken down. The soldiers therefore came and broke the legs of the first man who had been crucified with Jesus, and then those of the other. **33** But when they came to Jesus and found that he was already dead, they did not break his legs. Instead, one of the soldiers pierced Jesus’ side with a spear, bringing a sudden flow of blood and water. The man who saw it has given testimony, and his testimony is true. He knows that he tells the truth, and he testifies so that you also may believe. These things happened so that the scripture would be fulfilled: “Not one of his bones will be broken,” and, as another scripture says, “They will look on the one they have pierced.”

Leader: The Word of the Lord

ALL: Thanks be to God

Reflect Adlewyrchu

Theme of the day Recommitting

Today, on Good Friday, we remember the passion and death of our Lord Jesus Christ.

It is not an easy story to hear. It is filled with betrayal, violence and sorrow.

Yet, as we are reminded in today's first reading, Christ's death is not without purpose. He dies for us and for our salvation: "On him lies a punishment that brings us peace, and through his wounds we are healed." (Isaiah 53:5) Today, as we pray and fast, we ask forgiveness for all that we have done wrong and recommit ourselves to living as Christ calls us to do.



Reflect Adlewyrchu

Lenten task: Reflect today on the Stations of the Cross. As you meditate today on the Lord's passion, pray for our brothers and sisters living in poverty around the world.

[Click here to access the Stations](#)



Respond Ymateb

Prayer of the day

God of mercy, forgive us our sins.

For the times we have closed our eyes to injustice: Lord,
have mercy.

For the times we have closed our ears to the cry of the earth
and the cry of the poor: Christ, have mercy.

For the times we have closed our hearts to our sisters and
brothers in need: Lord, have mercy.

Jesus, remember me when you come into your kingdom.

Amen

Go Forth
Mynd allan

**Yn enw'r Tad,
a'r Mab
a'r Ysbryd Glan.**

Amen