

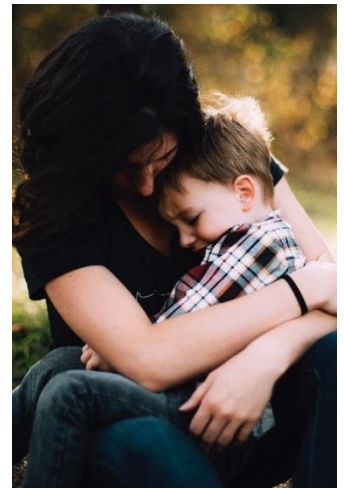


Circle of Security® PARENTING SERIES

FOREST CHILDREN'S CENTRE, DUFFRYN, NP10 8WP
STARTING TUESDAY 1ST OCTOBER 2019 | 10.00am – 12.00pm | 8-WEEK COURSE
Contact **Nicola** to find out more or to book – places will be strictly limited so make sure you book early!
nicolaj.davies@newport.gov.uk | 07816 604546 | Crèche available

“THERE IS NO SUCH THING AS A ‘PERFECT PARENT’... ALL MY CHILD NEEDS, IS FOR ME TO BE JUST GOOD ENOUGH”

THE CIRCLE OF SECURITY PARENTING SERIES IS ABOUT UNLOCKING THE MYSTERIES WE FEEL AS PARENTS AND CAREGIVERS WHEN ATTEMPTING TO UNDERSTAND OUR CHILD, THEIR FEELINGS AND BEHAVIOURS.



At times, all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Training

- Understand your child’s emotional world by learning to read their emotional needs
- Support your child’s ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Improve communication and relationships



Circle of Security
INTERNATIONAL
Early Intervention Program for Parents & Children

