## Supporting Year 11: Preparing them to succeed.

## Key Messages

You are expected to and need to achieve your best possible set of results across all of the qualifications you take.
(Normally 12) See jigsaw picture on page 2.
You really need to know your current attainment grades and you need to focus on reaching your target grades. (Target grades are not predictions)

Each of your GCSE grades is worth points. E.g. $A^{*}=58 \quad A=52 \quad B=46 \quad C=40$ etc. Take 6 off each time.
Your points score as well as 12 grades will be very important when applying to Sixth Form or College. E.g. 12x40=480
Universities and future employers will expect to see the grades for all 12 qualifications. (Recent student reference).

## December Progress exams -5-13 ${ }^{\text {th }}$

## Why are they so important?

They will start you on your revision journey ready for the May and June exams. Coming soon!

They will help you start to break down the course into key chunks and topics.
They will help you develop your revision strategy and techniques before January and May/June.
They are one way to measure your progress towards your target grades in all 12 subjects.
They will demonstrate to you, your teachers and parents/carers your strengths and weaknesses in skills and knowledge.

They will help guide and structure teaching and learning next term.
How to prepare
Revise every school night and every non-school day.
On a school night revise for $2 \times 45$ minute sessions, a homework or revision session might from part or all of one of these sessions. Coursework is not included and hopefully not interfering.

On a non-school day, a weekend or break (half term) you should revise for $6 \times 45$ minute sessions each day. This equated to 4.5 hours of work from a 16 hour window of opportunity and also leaves 8 hours for sleep.

## Revision timetable or rota

A rota works by paring subjects and revisiting them after 4 days. E.g. English and Option 1, RE and Option 2, Science and Option 3, Welsh and Science. (No maths progress exams).

## How to revise (I don't know how to is a feeble excuse)

Sit down with your revision materials and don't move for 45 minutes!
Techniques- download our school's revision support booklet, also available on the website
Drink lots of water to stay hydrated, eat fresh fruit and reward your self when revision is complete.

## Remember!

Focused classwork and effective revision = success.
Focussed classwork and insufficient revision = underachievement
Unfocussed classwork and insufficient revision = very disappointing GCSE results and limited post 16 opportunities.

St Joseph's Qualifications Challenge 2016-17

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12 x A^{*}=12 \times 58=696 \quad 12 \times B=12 \times 46=552 \quad 12 \times C=12 \times 40=480
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