

## PHYSICAL EDUCATION

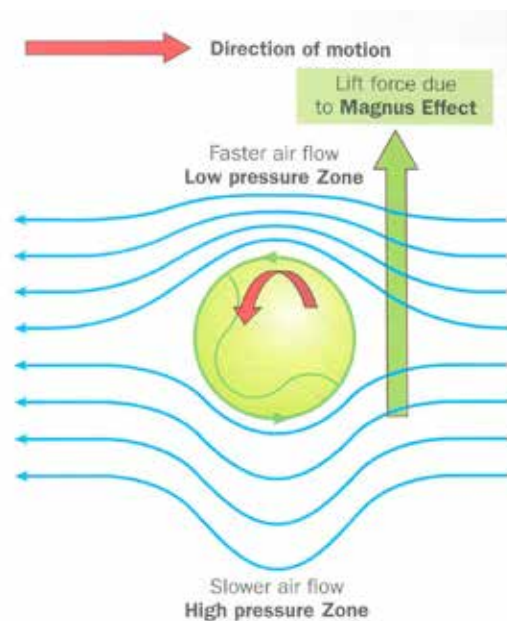


Head of Department: Mrs E Yates

Year 12 Teachers: Mrs E Yates, Mrs B Geeves

Year 13 Teachers: Mrs E Yates, Miss S Millichip

Examination Board: WJEC



### Course Outline

AS (2 UNITS)

PE1: Improving Performance in Physical Education  
50% (25%)

- Practical Performance = 30% of AS
- Personal Performance Profile = 10% of AS
- Coaching or Officiating = 10% of AS

PE2: Active Lifestyles and Physical Education 50% (25%)

A Level (2 Units)

PE3: Refining Performance in Physical Education (25%)

- Practical Performance = (17.5%)
- Investigative Research = (7.5%)

PE4: Performance Provision and Participation in Physical Education (25%)

### Entry Requirements

Students need to have studied PE at GCSE Level and achieved a C or above in their GCSE Science exam.

This subject is ideal for you if:

You are a committed sports person who trains or competes regularly and wants to further develop your practical performance.

You are interested in sport and its cultural importance in today's society.

You are interested in learning how to mentally prepare for competitive situations to prevent stress and anxiety.

### What Will I Study?

YEAR 12

What physical and mental factors influence performance in a range of physical activities and how to learn and apply skills to improve performance? Also investigate funding and coaching as well as current provision.

How physical attributes affect you as the performer.

YEAR 13

You will complete a further two modules that will extend your knowledge of areas from Year 12 whilst enabling you to identify factors which lead to optimising your own performance in competitive situations.

### How Will I Be Assessed?

AS

PE1: Internal Assessment of Practical Performance supported with a piece of Evaluative Coursework and a Coaching or Officiating Session

PE2: 1 hour 45 minutes Written Paper = 50 marks

A2

PE3: Internal Assessment of Practical Performance and an Investigative Piece of Coursework

PE4: 2 hour Written Paper = 50 marks

### Career Opportunities And Progression:

This subject is accepted as the pathway onto a degree course, which would enable you to follow a career as a PE teacher, coach, sports and leisure manager and physiotherapist.